

## Course: Cultural Globalization: The Theory and Practice of Mindfulness

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General information	
<b>Course Name</b>	Cultural Globalization: The Theory and Practice of Mindfulness Cultural Globalization: The Theory and Practice of Mindfulness
<b>Course code</b>	SGIDL1230.1
<b>Lecturer(s)</b>	Prof. Dr. Grosser, Sabine (sabine.grosser@haw-kiel.de)
<b>Occurrence frequency</b>	Irregular
<b>Language</b>	Deutsch

Qualification outcome
<i>Areas of Competence: Knowledge and Understanding; Use, application and generation of knowledge; Communication and cooperation; Scientific self-understanding / professionalism.</i>
Students get to know the Theory and Practice of Mindfulness.

Content information	
<b>Content</b>	The Theory and Practice of Mindfulness

Teaching format of this course	
<b>Teaching format</b>	<b>SWS</b>
Übung	2

Examinations	
<b>Ungraded Course Assessment</b>	No